Lash Extension Aftercare & Maintenance

Follow the 24-hour rule:

No wetting the lashes, exercise/sweating, overexposure to heat, touching or playing with the eyelashes. This directly affects
your lash retention.

Never do the following:

- No oils or eye creams
- No waterproof mascara it is best to avoid regular mascara also. Use on bottom lashes is best.
- Avoid touching or playing with your eyelashes.
- Avoid lash curlers.
- Avoid over-exposure to heat, long hours in the sun, sauna, very hot showers, and blow dryers.
- Avoid sleeping on the side of your face or directly on your face.

Client Instructions:

- Refills are recommended every 2-3 weeks.
- For best results, use a coating sealant 1-3 times weekly (ask Cheryl for recommendations).
- Cleanse the eyelashes every other day using a lash extension-safe lash cleanser or baby shampoo.
- Brush lashes daily and after showers or washing your face.